

10K and 5K  
Finishing inside of Bronco Stadium  
**October 17, 2009**

**RUNNING INTO THE BLUE!**

*Presented by:*



An event by Rhyno Racing

## THE EVENT

33rd Annual Barber to Boise presented by **AT&T**. This Boise tradition takes on a new look "Running into the Blue!"

## RACE DATE / START/Finish

**Saturday October 17th**

10K run - 9:30am at Barber Park.  
5K run/walk - 10:00am at Bronco Stadium.  
Both races finish inside of Bronco Stadium.

## ENTRY FEE

**10K = \$30** entry fee includes race T-shirt, pancake breakfast and live music after the race, the chance to run in the best 10k in Idaho!

**5k = \$25** fee includes race T-shirt, pancake breakfast, live music after the race, chance to set a PR (if you run really fast) and to continue a Boise tradition.

**Entry fee increases \$10 for each event on Oct. 8. Fee will increase an additional \$5 on Oct. 15 for you who are really big procrastinators!**

## REGISTRATION

Register on-line at [www.BarbertoBoise.com](http://www.BarbertoBoise.com)

Mail or deliver entry forms to:  
Bandanna Running and Walking  
504 W Main St. • Boise, ID 83702

**Please make checks payable to: Barber to Boise**

## RACE NUMBER PICKUP

**Friday, Oct. 16th 4:00 pm - 6:30pm**

Race numbers and chips will be available for pickup on the east side of Bronco Stadium on Friday, Oct. 16th and morning of the race at your designated start area.

## RACE SHIRT

**NEW!** B2B will be offering both WOMENS and UNISEX sizing for adult shirts along with youth sizes. Your race T-shirt will be available during packet pickup or at the finish line if you are picking up on race day.

## PARKING AND SHUTTLE BUS

Parking is available in the east lot of stadium. Please take advantage of our shuttle service by parking at the finish line and we will take you to the 10K start area. The shuttle WILL NOT take people back to the start.  
**NO PARKING ALLOWED ON ECKERT RD.**

## PANCAKE BREAKFAST

Enjoy a pancake breakfast after your run! All participants will get a free breakfast after the race. Enjoy some yummy pancakes, fruit, cookies and drinks. Friends and family joining you after the run? You can purchase additional breakfast tickets for \$5. Tickets will be available at packet pickup.

## POST RACE CONCERT

After a great run and a hearty breakfast, we will be giving you live music! Thanks to **AT&T** and **94.9 The River**, we will be having a concert in the stadium for all participants. Beginning at 11am, you can hear local running standout and amazing musician Andrija Barker-McCurry. Following Andrija, you will be treated to a national recording artist hand selected by the curators of great music at **Idaho's 94.9 The River**. Public is welcome to attend concert with the donation of a canned good or other food items.

## CLOTHING RETURN

We will provide bag return to Bronco Stadium. If you have your own, great! If not, we will have bags and stickers for you to put your gear in and get it to the stadium. We will also have bags for anybody who would like to utilize them for the 5k. All items returned to 50 yd. line.

## AWARDS

Awards will be presented in Bronco Stadium

### Top Three Overall

The top three (3) overall men and women in the 5K and 10K run will receive a Barber to Boise Nike back pack and limited edition B2B mug.

### Age Group Awards

The top three (3) in the listed age groups for both 10K and 5K run will receive a limited edition B2B mug. Age group winners in both mens and womens 10K will receive a Barber to Boise Nike back pack. Age group winners in both mens and womens 5k run will receive a Barber to Boise Nike sack pack.

### 5K Walk Awards

Overall female and male winner will receive a Barber to Boise Nike back pack. The top ten (10) overall female and male finishers will receive limited edition B2B mugs.

## 10K and 5K RUN AGE GROUPS

<b>10 and Under</b>	<b>30 - 34</b>	<b>50 - 54</b>	<b>70 - 74</b>
<b>11 - 19</b>	<b>35 - 39</b>	<b>55 - 59</b>	<b>75 - 79</b>
<b>20 - 24</b>	<b>40 - 44</b>	<b>60 - 64</b>	<b>80 +</b>
<b>25 - 29</b>	<b>45 - 49</b>	<b>65 - 69</b>	



# 2009 BARBER TO BOISE



Make check payable to **Barber to Boise**. Mail or bring entry form with payment to Bandanna Running, 504 W Main Street, Boise, ID 83702

Name (first/last): \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

E-mail (print): \_\_\_\_\_

Birthdate: \_\_\_\_/\_\_\_\_/\_\_\_\_ Daytime Phone: \_\_\_\_\_

Gender: \_\_\_\_\_ Male \_\_\_\_\_ Female

T-shirt (women): XS S M L XL XXL T-shirt (youth sizing) S M L

T-shirt (men/unisex): S M L XL XXL

Entry Fee 5K:

\_\_\_\_\_ \$25 through Oct. 7th \_\_\_\_\_ \$35 Oct. 8th - 14th \_\_\_\_\_ \$40 Oct. 15th & 17th

Entry Fee 10K:

\_\_\_\_\_ \$30 through Oct. 7th \_\_\_\_\_ \$40 Oct. 8th - 14th \_\_\_\_\_ \$45 Oct. 15th & 17th

I plan on eating some yummy pancakes for breakfast! yes \_\_\_\_\_ no \_\_\_\_\_  
*(For planning purposes only, Pancake Breakfast is free to all paid participants, bib number required)*

Additional tickets to pancake breakfast \_\_\_\_\_ x \$5.00

**RACE WAIVER AND RELEASE:** (Must be signed by participant) I understand that my consent to these provisions is given in consideration of the acceptance of this registration and for being permitted to participate in this event. I am a voluntary participant in this event, and in good physical condition. I know that this event is a potentially hazardous activity and I hereby assume full and complete responsibility for any injury or accident which may occur during my participation in this event or while on the premises of this event, and I hereby release and hold harmless and covenant not to file suit against Rhyno Racing & Promotions, LLC and any affiliated individuals, the event Barber to Boise, the City of Boise and any affiliated individuals, the Ada County Highway District and any affiliated individuals, Boise State University, Boise State Athletics and Boise State Track and Field and any affiliated individuals, State of Idaho, any race sponsors and their agents and employees, and all other persons or entities associated with this event (the "Releases") from any loss, liability or claims I may have arising out of my participation in this event, including personal injury or damage suffered by me or others, whether same be caused by falls, contact with participants, conditions of the course, negligence of the Releases or otherwise. If I do not follow all the rules of this event, I understand that I may be removed from the competition. I give my full permission to Rhyno Racing and Promotions, LLC and Barber to Boise, and their sponsors and corporate sponsors to use any photographs, videotapes, or other recordings of me that are made during the course of this event. I understand that this Waiver and Release may be stored electronically and that a copy is authentic and admissible as evidence in any future dispute. I further agree to return any timing chip at completion of the race or pay a \$75 fee.

**X** \_\_\_\_\_  
Signature / Co signature (Parent/Guardian must cosign if applicant is under 18 years of age) Date



Presented by:



In partnership with:



## BENEFITING

Barber to Boise will be again benefitting the **IDAHO FOOD BANK**. Please bring non-perishable food items or canned goods to Bronco Stadium on race day where we will have collection barrels.

In partnership with BSU Track & Field, Barber to Boise will be conducting a second food drive at the BSU vs. Idaho home football game.

Barber to Boise will also be benefitting **BSU Track & Field**.

## 10K COURSE

**Point-to-Point 10K** - Starts on Old Eckert Rd, north of Barber Park. Run north to the greenbelt and take a left, paralleling Warm Springs. Run west on the greenbelt through Warm Springs golf course, taking a left at the end of the golf course and heading towards the bridge. Cross the bridge to the south side of the river and turn right, running west on the greenbelt to BSU. Merge onto Chavez Ln after crossing under Broadway. Turn left at the Caven Williams Sports Complex and loop around Bronco Stadium. Enter the stadium complex at the north east gate, arcing around the field to enter the track. Run 240m on the track, finishing on the east straight away.



## GROUP ENTRY

### GET YOUR GROUP OUT!

Bring your friends, family and co-workers out as a group. If you get 25 or more people together in your group, the 'captain' will receive a Nike backpack courtesy of Bandanna Running. As an extra bonus, groups will also receive custom t-shirts! B2B will screen your logo on the back of your participant shirts.

Contact Ryan for more details.

## 5K COURSE

**Loop 5K** - Fast, Fast, Fast! Starts in the parking lot on the east side of Bronco Stadium. Looping around the stadium to Chavez Ln. Running west on Chavez Ln, merge onto the greenbelt and turn right to cross the Friendship bridge. Continue running north and merge onto Julia Davis Dr. and run east. Turn left to loop back towards the tennis courts and around the zoo. Turn left onto W. Julia Davis Dr. heading towards BAM. Merge onto the greenbelt past BAM and run east to the Friendship bridge. Cross the bridge and turn left running towards the stadium. Turn right at Caven Williams Sports Complex and loop back around the stadium entering the stadium complex at the north east gate. Continue across the field, running onto the track. Run 240m on the track finishing on the east straight away.



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